

A Case Study on the Effectiveness of IDA-Health Care(Anandashram) Services for Jadumani Gop

Aging leads to physiological, social, and mental changes. Many elderly people will experience a reduction in physical function, leading to more falls and injuries. This leads to a loss of independence, hospitalization, long-term nursing home care, and premature death. Long term nursing care and institutionalization in nursing homes can be associated with a significant reduction in quality of life, mainly due to a loss of autonomy and social contacts. The increased need for long-term nursing care poses a major economic challenge. Thus, measures to prevent, minimize or delay long term nursing care for the elderly are urgently needed.



The Badabil Panchayat in Odisha's Keonjhar District is home to Jadumani Gop. His father worked as a day labourer at a railway station, while his mother worked as a housekeeper. After his parents died, he dropped out of school to focus on his family while working as an assistant. He was unable to walk when he arrived at our Anandashram. He weighed 43 kg and stood 151 CM tall. Hypertension, left-sided sciatica, and low back discomfort were among his previous medical issues. He was able to walk after receiving ongoing supportive therapy and care.

Jaadumani Gop, son of Siromani and Pata, belongs to Burumvating, Badabil Panchayat, and Block of Keonjhar District of Odisha. His father was working at a railway station as a daily laborer, and his mother was working as a house maker. He has two older sisters who are in classes 5 and 6. When he was studying in class 3, his father and mother died in a very short period of time. After the death of his parents, he left his studies and managed his family while working as an assistant at a small hotel near the railway station. After some years, he married his two sisters near his village. He married three years later. He has two sons and one daughter. All the children were getting married and able to manage their families. He loses his income as a result of his constant seeking, and he and his wife are a burden to his family. Due to poverty, both sons were denied the ability to support their parents. He and his wife were also satirized by their son and son-in-law. After two to three days, they were condemned for fasting. The

ex-councilor of the concerned area was informed and he helped to support them in staying at IDA-Anandashram with his wife on November 20th, 2021.

During the admission at IDA-Anandashram, he presented with an acute onset of numbness and weakness in the lower extremities. His weight is 43 kg and his height is 151 cm. His symptoms rapidly progressed, reaching maximal intensity within hours. He developed acute urinary retention but without bulbar or upper extremity involvement. There were no constitutional symptoms or preceding trauma. Prior medical conditions included hypertension, left-sided sciatica, and low back pain. Initial examination uncovered sensory loss to all modalities below the T11 level, weakness in both lower extremities and absent patellar and ankle deep tendon reflexes bilaterally. Vital signs, mental status, cranial nerves, and upper extremity strength and sensation were otherwise normal. After continuous supportive treatment and care by IDA Health Care, he was able to ambulate. Now he is able to do his daily routine activities under the supervision of the IDA-Anandashram staff.

Life does not cease with old age. It's the start of a new life. Nobody knows tis better than us. The elderly can begin a new chapter of their lives as Anandashram in the evenings of their lives. The IDA understands the situation of old age, including physical and mental incapacity as well as the need for specialized care, attention, affection and friendship. In our old age home we are able to see their health standards have been improving and having hope on their remaining lives. Thank to JSPL for supporting the medicine and food to our destitute elderly persons in time without your kind support it is very difficult for us to serve the needy old age persons.

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Even a small amount of help changes a lot of people

Barbil (KCN): Humanity is still intention. Few days ago, two kind hearted

under Barbil Municipal area - Abhishek Panda, the executive officer of the municipality too have taken care towards their treatment and had

asked her how she felt, she rolled his hand on our head with lot of affection. She pointed out her finger to the old man saying "he is OK. "I am happy". I can



alive. Of course there are very few people who extends helping hand to the needy. They do not want to be named in the work, nor do they have any political

men from Barbil rescued the elderly couple Jadu Gop and Gurubari Gagarai, who were starving and sick in an abandoned house in weigh bridge hitting

sent them to Oldage home run by Ideal Development Agency a Banajodi, Keonjhar. We went to that place to check on what happened next. We spent some time with those elderly couple. The two of them were very happy. His diseased face changed a lot. The glow of face was well marked. The old man is able to walk and the old lady is trying to walk using with the help of crutches. When

walk in a few days." Sebati Singh, secretary firmly assured us saying we are taking utmost care and lot of development is marked in short days. Her kindness also shocked us. With the deepest contents, we would like to thank Abhishek Panda, Devendra Budha and Ram Patra and Sebati Singh on behalf of our newspaper "The Kalinga Chronicle" and hope this will inspire others too.